

Pool Schedule November 6th - December 20th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-6:30 am	BHS						
6:30-7:00 am	Swim Team	Free Swim &	Free Swim &	Free Swim &	Free Swim &		
7:00-7:30 am	(6:00-7:15)	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
7:30-8:00 am		(6:00-8:00)	(6:00-8:30)	(6:00-9:00)	(6:00-8:30)	BHS	
8:00-8:30 am		MMH		Water Gym		Swim Team	
8:30-9:00 am	Noodlerobics	(8:00-10:00)	Noodlerobics	(8:00-9:00)	Noodlerobics	(7:00-9:00)	
9:00-9:30 am	(8:30-9:30)	Lap Swim ONLY!	(8:30-9:30)		(8:30-9:30)	OA Swim Team	
9:30-10:00 am	Childcare Swim (9:15-10:45)	Childcare Swim (10:00-10:45)		Childcare Swim (10:00-10:45)		(9:00-10:00)	
10:00-10:30 am	Senior Splash (deep end open)			Gymnastics & Swim	Senior Splash (deep end open)	Stingrays	
10:30-11:00 am	(10:00-10:45)		Free Swim &	(10:45-12:30)	(10:00-10:45)	Gold/Silver	
11:00-11:30 am	Free & Lap	Senior Splash (deep end open)	Lap Swim	Senior Splash		(10:00-11:30)	
11:30-12:00 pm	Swim	(11:00-11:45)	(9:30-1:00)	(11:00-11:45)	Free & Lap		
12:00-12:30 pm	(10:45-1:00)				Swim		
12:30-1:00 pm					(10:45-1:00)		
1:00-1:30 pm	Water Arthritis (deep end open)	Free & Lap	Water Arthritis (deep end open)	MMH	Water Arthritis (deep end open)	Free & Lap	
1:30-2:00 pm	(1:00-2:00)	Swim	(1:00-2:00)	Therapy Rental	(1:00-2:00)	Swim	Free Swim
2:00-2:30 pm		(11:45-2:45)	MMH Therapy (2:00-3:30)	(1:00-3:00)	Free & Lap	(11:30-4:30)	& Lap Swim
2:30-3:00 pm	Child Care Lessons	Child Care Lessons	Lap Swim ONLY!	Lap Swim ONLY!	Swim		(1:00-4:30)
3:00-3:30 pm	(3:30-4:00)	(3:30-4:00)	C.C. Lessons (3:30-4:00)	(3:30-4:00)	(2:00-3:30)		
3:30-4:00 pm	Stingrays Gold	Stingrays Silver/Bronze	Stingrays Gold	Stingrays Gold	BHS Swim Team		
	(3:30-4:30)	(3:30-4:30)	(3:30-4:30)	(3:30-4:30)	(3:30-4:30)		
4:30-5:00 pm	Stingrays Silver/Bronze	OA Swim Team	Stingrays Silver/Bronze	BHS Swim Team	OA Swim Team		
5:00-5:30 pm	(4:30-5:30)	(4:30-5:30)	(4:30-5:30)	(4:30-5:30)	(4:30-5:30)		
5:30-6:00 pm	Swim Lessons	Swim Lessons (5:30-7:00)	Swim Lessons (5:30-7:00)	Swim Lessons (5:30-7:00)	Stingrays Gold/Silver		
6:00-6:30 pm	(5:30-7:00)	Aqua	OA Swim Team	Aqua Zumba	(5:30-6:45)		
6:30-7:00 pm		Powerhouse (6:00-7:00)	(5:30-7:00)	(6:00-6:45)	Free & Lap		
7:00-7:30 pm	OA Swim Team	BHS	BHS	Aqua Powerhouse	Swim		
7:30-8:00 pm	(7:00-8:30)	Swim Team	Swim Team	(7:00-8:00)	(6:45-8:30)		
8:00-8:30 pm		(7:00-8:30)	(7:00-8:30)				

	Free Swim & Lap Swim (All areas available)
	Childcare Free Swim (4 ft. area & deep end available)
	Adult Exercise Class (Shallow area available)
	Swim Lessons (Can be taking place in any area of the pool)
	Swim Team Practice (Shallow area available)
	MMCH Physical Therapy (Only 2 lap lanes available)

PLEASE SEE THE REVERSE SIDE FOR ADDITIONAL NOTES AND SCHEDULED EVENTS

IMPORTANT NOTES

- **ROD special needs students will be using our pool for free swim November 28th, 29th, 30th, and December 6th from 10:00am-11:00am.**
- **There will be a revised schedule posted for the weeks of Winter Break regarding swim team practices. This schedule will be made available, before Winter Break takes place.**
- **December 11th: a few swimmers from the Special Olympics will be coming to use our pool for practice from 2:00pm-4:00pm.**
- **Facility rentals and birthday parties can be scheduled for any Saturday and Sunday. Parties do schedule designated swim times that can take place between 12:00pm-4:30pm. Party participants will be asked to share pool space with those using the pool for lap swim and/or free swim.**

Important Note: The Y requires that all swim patrons share pool space, including the member lap lane, when pool use and activities require it. The Aquatics Department attempts to communicate all pool activities with our members allowing members to select the best possible times for free and lap swim. During these busy times, space can quickly become limited. It's during these times we ask all members to be respectful and kind to one another and share swim space.

We thank you for your consideration,

Aquatics Staff