



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE A PART OF SOMETHING GREAT

As the nation's leading nonprofit organization committed to strengthening communities through youth development, healthy living and social responsibility, the Y offers more than just a job. We offer you a career with a future and the chance to make a lasting difference in your community. Working for us means you'll enjoy great work/life balance and a range of benefits which improve your wellbeing and help you develop as an individual. You will be able to put your experiences, abilities and energy to work as you impact the lives of those around you. Staff members at the YMCA inspire others with an invigorated purpose and sense of personal pride. If you possess a positive attitude and a desire to make a difference in the lives of others, the Y is the place for you! We invite you to join our team!



Job Posting Wellness Director

Full Time: 40 hours per week

The Wellness Director is responsible for the administration and direction of healthy living initiatives at our Y. The candidate's key function is to build strong lasting relationships with members and employees that will build healthy lifestyles. The Wellness Director will represent our Y in the community as a leader and partner, being a champion and spokesperson for the Y's Healthy Living initiatives.

Key Responsibilities:

- Ensure members receive premiere service by monitoring and delivering health and wellness initiatives that meet the Y's policies, procedures, and best practices.
- Develop and lead youth, teen and adult fitness and group exercise classes as well as supervise our full service Wellness Center.
- Work within the community to foster a positive image of the YMCA to encourage good public relations.
- Coordinate member development through strong communication and special events by providing member involvement activities.
- Assist with marketing for health and wellness programs and memberships.
- Actively participate in YMCA events, trainings and other designated meetings.
- Develop, track and control the department budget.

Qualifications:

- Bachelor Degree in Exercise Science, Kinesiology, Sports Management or like field
- Must be able to work some evenings and weekends
- Functional and technical knowledge and skills required to perform well, utilizing current trends and technology in health and wellness.
- Ability to teach a variety of programs to youth, adults and special populations.
- Personal trainer certification a plus or must possess willingness to achieve certification.
- Knowledge of program planning, budget preparation and control, marketing, and financial development.

Email Angie Johnson for details at ajohnson@siymca.org

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