

Pool Schedule May 30th - June 29th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-6:30 am	Free Swim & Lap Swim (6:00-8:30)	Free Swim & Lap Swim (6:00-8:00)	Free Swim & Lap Swim (6:00-8:30)	Free Swim & Lap Swim (6:00-9:00)	Free Swim & Lap Swim (6:00-8:30)	Free Swim & Lap Swim (7:00-4:30)	
6:30-7:00 am							
7:00-7:30 am							
7:30-8:00 am							
8:00-8:30 am		MMH	Noodlerobics (8:30-9:30)	Water Gym	Noodlerobics (8:30-9:30)		
8:30-9:00 am		Noodlerobics (8:30-9:30)		(8:00-10:00)			
9:00-9:30 am		(8:30-9:30)	Lap Swim ONLY!	(8:30-9:30)	Senior Splash (9:00-9:45)		
9:30-10:00 am	Childcare Swim (9:15-10:45)	Childcare Swim (10:00-10:45)	Childcare Swim (9:30-10:15)	Childcare Swim (10:00-10:45)	Free & Lap Swim (9:30-10:00)		
10:00-10:30 am	Swim Lessons (9:30-11:30)	Swim Lessons (9:30-11:30)	Swim Lessons (9:30-11:30)	Swim Lessons (9:30-11:30)	Senior Splash (deep end open) (10:00-10:45)		
10:30-11:00 am	(9:30-11:30)	(9:30-11:30)	(9:30-11:30)	(9:30-11:30)	Free & Lap Swim (10:45-1:00)		
11:00-11:30 am	Senior Splash (deep end open) (10:00-10:45)	Senior Splash (deep end open) (11:00-11:45)	Free Swim & Lap Swim (10:15-1:00)	Free & Lap Swim (10:45-1:00)	Free & Lap Swim (10:45-1:00)		
11:30-12:00 pm							
12:00-12:30 pm							
12:30-1:00 pm							
1:00-1:30 pm	Water Arthritis (deep end open) (1:00-2:00)	Free & Lap Swim (11:45-3:30)	Water Arthritis (deep end open) (1:00-2:00)	MMH (1:00-3:00) Lap Swim ONLY!	Water Arthritis (deep end open) (1:00-2:00)		
1:30-2:00 pm							
2:00-2:30 pm	Free & Lap Swim (2:00-4:00)			MMH Therapy (2:00-3:30) Lap Swim ONLY!	Therapy Rental (1:00-3:00) Lap Swim ONLY!	Free Swim & Lap Swim (2:00-4:00)	
2:30-3:00 pm							
3:00-3:30 pm							
3:30-4:00 pm	Child Care Swim Lessons (3:30-4:30)	Child Care Swim Lessons (3:30-4:30)	Child Care Swim Lessons (3:30-4:30)	Child Care Swim Lessons (3:30-4:30)			
4:30-5:00 pm	Free & Lap Swim (4:30-5:30)	Free & Lap Swim (4:30-5:30)	Free & Lap Swim (4:30-5:30)	Free & Lap Swim (4:30-5:30)	Free & Lap Swim (5:00-6:30)		
5:00-5:30 pm							
5:30-6:00 pm	Swim Lessons (5:30-7:00)	Swim Lessons (5:30-7:00)	Swim Lessons (5:30-7:00)	Swim Lessons (5:30-7:00)			
6:00-6:30 pm							
6:30-7:00 pm		Water Power (6:00-7:00)		Water Power (6:00-7:00)			
7:00-7:30 pm	Aqua Powerhouse (7:00-8:00)	Free & Lap (7:00-8:30)	Aqua Powerhouse (7:00-8:00)	Free & Lap (7:00-8:30)			
7:30-8:00 pm		Swim		Swim			
8:00-8:30 pm							

	Free Swim & Lap Swim (All areas available)
	Childcare Free Swim (4 ft. area & deep end available)
	Adult Exercise Class (Shallow area available)
	Swim Lessons (Can be taking place in any area of the pool)
	Swim Team Practice (Shallow area available)
	MMCH Physical Therapy (Only 2 lap lanes available)

PLEASE SEE THE REVERSE SIDE FOR ADDITIONAL NOTES AND SCHEDULED EVENTS

IMPORTANT NOTES

- **Swim Lessons will be taking place during the mornings as well as the afternoon and evenings throughout the summer.**
- **Private swim lessons could be scheduled to take place at any time throughout the day. Our instructors will attempt to work around those who are using the pool for lap and free swim.**
- **The pool will be closing for painting and maintenance work beginning June 30th and we hope to reopen on July 17th.**

Important Note: The Y requires that all swim patrons share pool space, including the member lap lane, when pool use and activities require it. The Aquatics Department attempts to communicate all pool activities with our members allowing members to select the best possible times for free and lap swim. During these busy times, space can quickly become limited. It's during these times we ask all members to be respectful and kind to one another and share swim space.

We thank you for your consideration,

Aquatics Staff